

Barwell Road Community Center

# Bollywood Dance and Fitness Classes



Instructor Priya Chellani, with Indigo Dance Evolution, teaches the intricacies of Bollywood dance in a positive environment. Participants learn a creative fusion of dance movements based on energetic Indian classical and folk dances fused with hip hop, jazz, Latin and contemporary. Dancers learn basic patterned footwork, body lines, movement transitions and eloquent expressions. Surprise your friends, family and classmates with your new experience in cultural dance.

These are continues programs that allows participants to learn new and advanced skills each session and new participants can enroll at the start of any program.

## Bollywood Dance Babes at Barwell

Ages 5-10 years. Class fee: \$60 for each session.

May 7-Jun 11	6:30pm - 7:30pm	Tuesdays
Jun 18-Jul 23	6:30pm - 7:30pm	Tuesdays
Jul 30 - Sept 3	6:30pm - 7:30pm	Tuesdays

## Bollywood Teens & Tweens

Ages 11-17 years. Class fee: \$60 for each session.

May 7-Jun 11	6:30pm - 7:30pm	Fridays	*no class May 24
Jun 18-Jul 23	6:30pm - 7:30pm	Fridays	*no class July 5
Jul 30 - Sept 3	6:30pm - 7:30pm	Fridays	

## Bollywood Dance like a Star!

Ages 18 and older. Class fee: \$60 for each session.

May 7-Jun 11	7:30pm - 8:30pm	Fridays	*no class May 24
Jun 18-Jul 23	7:30pm - 8:30pm	Fridays	*no class July 5
Jul 30 - Sept 3	7:30pm - 8:30pm	Fridays	

## Bollyrobics

Ages Bollyrobics is a group fitness class and an energetic & exhilarating workout, based on signature Bollywood moves. This dancercise class will make time fly fast and the pulse race hard! Movement range from low to high impact, providing cardio, stretching, strengthening of joints, toning, better flexibility, posture and increased energy! Fun for all, easy enough to follow along, great for dance lovers of any ability! Class fee is \$48 per session or \$8 day pass.

May 7-Jun 25	7:30pm - 8:30pm	Tuesdays
Jul 9-Aug 27	7:30pm - 8:30pm	Tuesdays



Barwell Road Community Center

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